

· 专家经验 ·

## 潘丽贞教授治疗不孕症临证经验浅析

王英

**摘要** 潘丽贞教授提出不孕症“病因学”观点，借助现代医学的检测手段，通过四诊合参，精准诊治，采用“西医辨病—中医辨证—中西医结合多途径治疗”的诊疗模式，内外合治、针药并施，从肾、肝、脾结合月经周期调治不孕，孕后预培其损，养胎安胎。

**关键词** 潘丽贞；不孕；临证经验

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### Preliminary Analysis of Professor Pan Lizhen's Clinical Experience in Treatment of Infertility

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**Abstract** Professor Pan Lizhen proposed the view of the "etiology" of infertility and utilized modern medical diagnostic tools in combination with the four diagnostic methods in traditional Chinese medicine (TCM) to enable accurate diagnosis and treatment. She adopted an integrated model of "Western medicine-based disease identification, TCM syndrome differentiation, and combined treatment via multiple approaches from both TCM and Western medicine". Through the integration of internal and external therapies and the combined use of acupuncture and herbal medicine, treatment was conducted by regulating the kidneys, liver, and spleen according to the menstrual cycle. After conception, deficiencies were preemptively supplemented, and measures were taken to nourish and stabilize the fetus.

**Keywords** Pan Lizhen; infertility; clinical experience

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